

Competition Schedule

競技スケジュール

As of MON 28 SEP 2026 at 23:33

REVISED
28 SEP 23:33

Date	Start Time	Event	Round
WED 23 SEP	07:30	Men's Half Marathon Race Walk	Final
	07:30	Women's Half Marathon Race Walk	Final
THU 24 SEP	10:00	Women's Heptathlon	100 Metres Hurdles
	10:20	4 x 400m Relay Mixed	Round 1
	10:40	Women's Heptathlon	High Jump
	19:05	Women's Heptathlon	Shot Put
	19:33	Women's 100m	Round 1
	19:44	Women's Triple Jump	Final
	20:08	Men's 100m	Round 1
	20:55	Men's Discus Throw	Final
	21:00	Women's Heptathlon	200 Metres
	21:25	Women's 10,000m	Final
	22:15	4 x 400m Relay Mixed	Final
FRI 25 SEP	10:00	Women's Heptathlon	Long Jump
	11:25	Women's Heptathlon	Javelin Throw
	19:05	Women's Shot Put	Final
	19:13	Women's 100m	Semifinal
	19:33	Men's 100m	Semifinal
	20:03	Women's Pole Vault	Final
	20:11	Women's Heptathlon	800 Metres
	20:11	Women's Heptathlon	800 Metres
	20:32	Men's 10,000m	Final
	20:40	Men's Hammer Throw	Final
	21:15	Women's 400m	Round 1
	21:43	Men's 400m	Round 1
	22:10	Women's 100m	Final
	22:20	Men's 100m	Final
SAT 26 SEP	07:30	Men's Marathon	Final
	07:50	Women's Marathon	Final
	09:05	Men's Decathlon	100 Metres
	09:45	Men's Decathlon	Long Jump
	11:25	Men's Decathlon	Shot Put
	11:30	Men's 200m	Round 1
	18:05	Men's Decathlon	High Jump
	19:05	Men's 110m Hurdles	Round 1
	19:34	Women's 100m Hurdles	Round 1
	19:55	Women's 200m	Round 1
	20:00	Men's Shot Put	Final

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Date	Start Time	Event	Round
SAT 26 SEP	20:24	Men's 200m	Semifinal
	20:35	Men's Triple Jump	Final
	20:51	Men's 1500m	Round 1
	21:20	Men's Decathlon	400 Metres
	21:45	Women's 400m	Final
	22:03	Men's 400m	Final
	22:15	Women's 1500m	Final
SUN 27 SEP	07:30	Men's Marathon Race Walk	Final
	07:30	Women's Marathon Race Walk	Final
	11:00	Men's Decathlon	110 Metres Hurdles
	11:40	Men's Decathlon	Discus Throw
	12:05	Men's 400m Hurdles	Round 1
	12:35	Women's 400m Hurdles	Round 1
	12:40	Men's Long Jump	Qualification
	13:20	Men's Decathlon	Pole Vault
	18:55	Women's Long Jump	Final
	19:05	Men's Decathlon	Javelin Throw
	19:25	Women's 200m	Final
	19:35	Men's 200m	Final
	19:45	Men's High Jump	Final
	20:08	Men's 110m Hurdles	Final
	20:23	Women's 100m Hurdles	Final
	20:36	Men's 800m	Round 1
	21:03	Women's Javelin Throw	Final
	21:10	Men's Decathlon	1500 Metres
	21:10	Men's Decathlon	1500 Metres
	21:22	Women's 3000m Steeplechase	Final
MON 28 SEP	21:45	Women's 4 x 100m Relay	Round 1
	22:12	Men's 4 x 100m Relay	Round 1
	18:05	Women's Discus Throw	Final
	18:30	4 x 100m Relay Mixed	Round 1
	19:23	Women's 400m Hurdles	Final
	19:33	Men's 400m Hurdles	Final
	19:47	Men's 3000m Steeplechase	Final
	20:00	Men's Long Jump	Final
	20:08	Men's 1500m	Final
	20:15	Men's Javelin Throw	Final
	20:20	Women's 800m	Round 1

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28 SEP 23:33

Date	Start Time	Event	Round
MON 28 SEP	20:43	Women's 5000m	Final
	21:20	Men's 4 x 400m Relay	Round 1
	22:04	Women's 4 x 100m Relay	Final
	22:23	Men's 4 x 100m Relay	Final
TUE 29 SEP	18:20	Men's Pole Vault	Final
	19:05	Women's High Jump	Final
	19:35	Women's Hammer Throw	Final
	19:50	Women's 800m	Final
	20:05	Men's 800m	Final
	20:15	Men's 5000m	Final
	20:48	4 x 100m Relay Mixed	Final
	21:05	Women's 4 x 400m Relay	Final
	21:17	Men's 4 x 400m Relay	Final

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