



Competition Format and Rules

Mixed Martial Arts



Mixed martial arts competition format

- The Aichi-Nagoya 2026 mixed martial arts competition, which consists of six medal events, will be held from 20 to 22 September 2026 at the Nagoya City Inae Sports Centre.
- The six medal events are:

Men's	Women's
Men's modern 60kg	Women's modern 54kg
Men's modern 71kg	Women's traditional 60kg
Men's traditional 65kg	
Men's traditional 77kg	

- There will be five competition formats in mixed martial arts depending upon the number of athlete entries:
 1. When there are three athletes, a round-robin format will be adopted. Ranking of athletes will be determined by the total number of points earned. If athletes are tied on points, the Asian Mixed Martial Arts Association (AMMA) rule 21.C tiebreak regulations will be used to determine placings.
 2. If there are four athletes, each group has two athletes. The winners of each group will compete for the gold and silver medal, while the athletes ranked second in their group will both receive bronze medals.
 3. If there are five athletes, they are divided into two groups through a draw. One group has two athletes, and the other has three athletes, who compete in a round-robin format. Winners of each group compete for the gold and silver medal, while second-placed athletes in each group receive bronze medals.
 4. If there are six athletes in the weight category, athletes will be separated into two groups of three and compete in a round-robin system. First in each group will compete for the gold and silver medal, and the second-placed athletes in each group will both receive bronze medals.
 5. If there are seven athletes or more in the weight category, a single elimination system will be used. Winners of semifinals will move on to fight for gold and silver medals in the final while the semifinal losers both receive bronze medals.
- For cases where scores are tied, please refer to rule 21.C of the AMMA competition rules.

Mixed martial arts rules

- The mixed martial arts competition will be held in accordance with the latest AMMA technical and competition rules.
- More detailed information is available on the AMMA website:
<https://www.asianmma.org/>
- In case of any disagreement in the interpretation of the AMMA rules and regulations, the English version shall prevail. Any unforeseen circumstances not covered by the regulations and rules shall be resolved as follows:
 1. Technical issues: resolved in accordance with AMMA rules and regulations.
 2. General issues: resolved in accordance with Olympic Council of Asia (OCA) constitution and rules.